



FIVE ROUTES.
ONE GREAT ADVENTURE.

01

THE SHIRE
138 MILES / 222 KMS

02

THE SHIEL
55 MILES / 88 KMS

03

THE ARRAN
70 MILES / 113 KMS

04

THE BUTE
22 MILES / 35 KMS

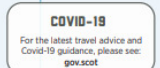
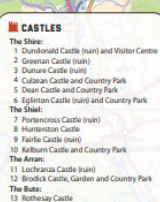
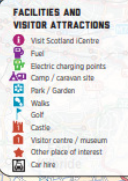
05

THE CUMBRAE
10 MILES / 16 KMS

WELCOME TO THE COIG

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Gaelic for 'five' - The Coig is a series of five touring routes around Argyshire, the Clyde Coast and Clyde Islands of Arran, Bute and Cumbrae. Each route is designed to showcase the area's natural beauty, outdoor adventure, history, heritage and nature. Perfect for everything from day trips to longer breaks. Download the app and enjoy the adventure!



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