

3 TAIH GERDDED YN

Llanrhidian Uchaf

Llanrhidian Higher Blue Route

Walk in an anti-clockwise direction

Distance: 3.5 km or 2.25 miles • Estimated time: 50 minutes

Start at the playground at the edge of the marsh in Crofty. Walk along the Marsh Road towards Llanrhidian for about 400 metres and turn left past the entrance to the cockle factory. Cross the main road towards the school and follow the path through Cwm Cynnar Farm. Continue along the path across the stream, and through a small wood, arriving at the bottom of the Wern. Turn immediately left and then over a stile.

After a couple of fields the path can become slightly muddy, but carry on over the stiles to Llanmorlais, cross Station Road and follow the path over the River Morlais. Look for the stile on the opposite side of the railway line, cross it, and make your way across the field, over another stile, and continue up to Hermon Chapel. Turn left immediately upon entering the cemetery, through a gate, and return across the fields to Crofty. After crossing the road, follow the path back to the middle of the village and thence back to the starting point.

Llwybr Glas Llanrhidian Uchaf

Yn cerdded i gyfeiriad gwrthglocwedd

Pellter: 3.5 km neu 2.25 milltir • Amser: Tua 50 munud

Dechreuwch yn y lle chwarae ar ffin y gors ym mhentref Crofty. Cerddwch ar hyd heol y gors tuag at Lanrhidian am tua 400 metr a throwch i'r chwith heibio i'r fynedfa i'r ffatri gocos. Croeswch y brif heol tuag at yr ysgol a dilynwch y llwybr trwy Fferm Cwm Cynnar. Parhewch ar hyd y llwybr ar draws y nant, trwy goed bach, gan gyrraedd ar waelod y Wern. Trowch i'r chwith yn syth ac yna ewch dros y gamfa.

Ar ôl dau gae, gall y llwybr ddod ychydig yn fwdlyd, ond parhewch dros y camfeydd i Lanmorlais, croeswch Heol yr Orsaf a dilynwch y llwybr dros Afon Morlais. Edrychwch am y gamfa ar ochr gyferbyn â'r rheilffordd, ei chroesi ac ewch dros y cae, dros gamfa arall a pharhewch hyd at Gapel Hermon. Trowch i'r chwith yn syth ar ôl mynd i mewn i'r fynwent, trwy gât, a dychwelwch ar draws y caeau i bentref Crofty. Ar ôl croesi'r heol, dilynwch y llwybr yn ôl i ganol y pentref ac yna yn ôl i'r man cychwyn.

Llanrhidian Higher Red Route

Walk in an anti-clockwise direction

Distance: 2.5 km or 1.5 miles • Estimated time: 50 minutes

Start at the Royal Oak. Walk a few yards along the route before turning left up Trinity Lane. At the top of the lane turn right and walk for half a mile up onto the hill. At the car park for Hermon Chapel, look for the stile on the left, cross it and climb to the summit of Penyaer. Take time to enjoy the stunning views. Continue across fields to the lane climbing to Llotrog. Turn right, and follow the path for about 50 metres, before following the path leading steeply down into the village. Cross the road to the sea front before turning left back to the Royal Oak.

Llwybr Coch Llanrhidian Uchaf

Yn cerdded i gyfeiriad gwrthglocwedd

Pellter: 2.5 km neu 1.5 milltir • Amser: Tua 50 munud

Dechreuwch wrth dafarn y Royal Oak. Cerddwch ychydig o lathau ar hyd y llwybr cyn troi i'r chwith i fyny Lôn y Drindod. Ar ben y lôn, trowch i'r dde a cherddwch am hanner milltir i fyny'r bryn. Ym maes parcio Capel Hermon, edrychwch am y gamfa ar y chwith, ei chroesi a dringwch i gopa Penyaer. Cymerwch amser i fwynhau'r golygfeydd trawiadol.

Parhewch ar draws y caeau i'r lôn sy'n dringo i Lotrog. Trowch i'r dde a dilynwch y llwybr am ryw 50 metr, cyn dilyn y llwybr yn arwain yn serth i lawr i'r pentref. Croeswch yr heol i lan y môr cyn troi i'r chwith yn ôl i dafarn y Royal Oak.

Gyda thros 38 o gillomedrau o lwybrau cyhoeddus trwy hen goetiroedd ac ar draws tir ffermio, tir comin a morfa heil, ceir rhai golygfeydd hardd ac annisgwyl wrth gerdded yn yr ardal amrywiol hon.

Mae cymuned Llanrhidian Uchaf yn cynnwys pentref Crofty, Llanmorlais, Penclawdd, y Crwys a Blue Anchor.

Gwybodaeth am yr Ardal

With over 38 kilometres of public rights of way through ancient woodland, and across farmland, commons and salt marsh, the varied walking in the area can lead to some beautiful and unexpected views.

Area Information



Locations of historical interest

- 1 Old colliery tramway (SS 517942)
- 2 Wern Common (SS 534943)
- 3 Hermon Chapel (SS 533954)
- 4 18th Century coal workings (SS 534953)
- 5 Pen y Gaer Iron Age Earthwork (SS 536956)
- 6 Penclawdd copper works (SS 547958)
- 7 Melin Meurig (Meyrick's Mill) (SS 459955)
- 8 Remains of canal dock (SS 553961)
- 9 Crwys Chapel (SS 572942)
- 10 Remains of Caer Eithin Colliery Buildings (SS 561946)
- 11 Llanyrnedydd Church (SS 548948)
- 12 Footpath follows ancient coal way (SS 547947)

Mannau o ddiddordeb hanesyddol

- 1 Tramffordd yr hen bwl glo (SS 517942)
- 2 Comin y Wern (SS 534943)
- 3 Capel Hermon (SS 533954)
- 4 Gwaith pwll glo o'r 18fed Canrif (SS 534953)
- 5 Gwrthglawdd Oes Haearn Pen y Gaer (SS 536956)
- 6 Gwaith copr Penclawdd (SS 547958)
- 7 Melin Meurig (SS 459955)
- 8 Gweddillion doc claslas (SS 553961)
- 9 Capel Crwys (SS 572942)
- 10 Gweddillion Adeiladau Glofa Caer Eithin (SS 561946)
- 11 Eglwys Llanyrnedydd (SS 548948)
- 12 Llwybr cerdded yn dilyn hen ffordd lo (SS 547947)

Photographs / Llaniau
Phil Marshall
Rod Cooper
Gary Cooper
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Mae ysgyfarnogod yn anifeiliaid cyflym iawn ac yn gallu rhedeg yn gyflymch na benglog arbenigol sy'n galluogi symud blaen a chefn creuau yr ymennydd. Credir bod hyn yn helpu'r ysgyfarnog i amsugno'r grymoedd wrth iddi daro'r llawr.

Ysgyfarnog

Hares are very fast animals, and can run at speeds in excess of 70 km/hour, (45mph). They have a specialised skull which allows motion between the front and back section of the brain case. It is believed that this helps absorb the forces impacting as the hare strikes the ground.

Hares



Useful Information

- O.S. Explorer map 164 Gower.
- Mobile phone coverage is generally good, but reception can be poor in valley bottoms.
- The weather is changeable, so you may need waterproofs and stout footwear.
- For local public transport information:
 - 📍 www.traveline-cymru.org.uk
 - 📍 www.baytrans.org.uk
- Swansea Tourist Information Centre:
 - ☎ 01792 468321 ✉ tourism@swansea.gov.uk
 - 📍 www.visitswanseabay.com
- Contact the Countryside access team:
 - ☎ 01792 635746 or 01792 635230
 - ✉ countrysideaccess@swansea.gov.uk
 - 📍 www.swansea.gov.uk/countrysideaccess

Gwybodeath Ddefnyddiol

- Map Explorer 164 A.O. Gwyr.
- Mae derbyniad signalau ffonau symudol yn dda ar y cyfan, ond gall fod wael ar waelod cymoedd.
- Mweir tywydd yn gyfnewidiol, felly gallai fod angen dillad gwrth-ddwr ac esgidiau cryf arnoch.
- I geal gwybodaeth am gludiant cyhoeddus lleol, ewch i:
 - 📍 www.traveline-cymru.orh.uk
 - 📍 www.baytrans.org.uk
- Canolfan Croeso Abertawe:
 - ☎ 01792 468321 ✉ tourism@swansea.gov.uk
 - 📍 www.dewchifaeabertawe.com
- Cystylltwch a'r Tim Mynediad i Gefn Gwlad:
 - ☎ 01792 635746 neu 01792 635230
 - ✉ countrysideaccess@swansea.gov.uk
 - 📍 www.swansea.gov.uk/countrysideaccess



Cornhwiglen

Is a wading bird which breeds on cultivated land and other short vegetation habitats. Up to four eggs are laid in a small scrape, with the nest being defended aggressively and noisily against all intruders. It also has a habit of drawing potential predators away from its nest by trailing a wing as it broken.

Lapwing



3 WALKS IN Llanrhidian Higher



3 TAIH GERDDED YN Llanrhidian Uchaf

Produced by Llanrhidian Higher Community Council & the City & County of Swansea Countryside Access Team
Cynhyrchwyd gan Gyngor Cymuned Llanrhidian Uchaf a Thim Mynediad Cefn Gwlad Dinas a Sir Abertawe

3 WALKS IN

Llanrhidian Higher

Llanrhidian Higher Orange Route

Walk in an anti-clockwise direction

Distance: 7.5 km or 4.6 miles • Estimated time: 2 hours

From the school in Three Crosses, cross to the top of the bank and follow the road westwards to the Joiners public house. Take the path opposite the pub, which leads down a delightful valley. Bear left at the fork after about 200 metres. The path follows the stream valley through an ancient landscape. After a kilometre, the route begins to climb slightly through pleasant fields before ending at Cefn Stytle Road. Turn left along the road through Wern Olau and where the road forks, bear right for 400 metres. Look out for the entrance to the path, which leads through Tir Cethin. Travel straight through the farm yard, and continue down the steep path into the Cedi Valley, (there is a bridge to cross the stream at the bottom). The path climbs steeply up the other side of the valley, (it may be difficult to see the path here but make fairly directly for the top and you will see the line).

Crossing the broad ridge leading to Pant Glas Farm you will see exceptional and unusual views down the Cedi Valley to Penclawdd. Dropping to Pant Glas you will find the path along the hedge east of the drive leading to the road. At the road bear right and after about 200 metres turn left down the lane past old farm buildings. You will then drop down to the Morlais Valley through some lovely woodland and common. The path joins up with a surfaced track as far as Cwm Nant Uchaf; look for the path leading off to the left hereabouts – it winds pleasantly across common and through trees for about 300 metres and then veers right to cross the Morlais stream.

It now leads directly across open common land to Mynydd Bach Y Cox and meets the Cilonnen Road near a cattle grid. Follow the road eastwards towards Three Crosses for 400 metres. At the point where it turns sharply left, look for a path which leads across fields to Tir Mynydd Farm, where it once again meets up with the tarmac road. Cross the road and follow Chapel Road back up to the school where you started.

Llwybr Oren Llanrhidian Uchaf

Yn cerdded i gyfeiriad gwrthglocwedd

Pellter: 7.5 km neu 4.6 milltir • Amser: Tua 2 awr

O'r ysgol yn y Crwys, croeswch i ben y llethr a dilynwch yr heol i'r gorllewin i dŷ tafarn y Joiners. Cymerwch y llwybr gyferbyn â'r dafarn, sy'n arwain i lawr dyffryn hyfryd. Ar ôl tua 200 metr, parhewch ar y chwith wrth y fforc. Mae'r llwybr yn dilyn dyffryn y nant trwy dirwedd hynafol. Ar ôl cilometr, mae'r llwybr yn dechrau dringo ychydig trwy gaeau dymunol cyn gorffen yn Heol Cefn Stytle. Trowch i'r chwith ar hyd yr heol trwy Wern Olau a lle mae'r heol yn fforcio, parhewch ar y dde am 400 metr. Cadwch lygad am y fynedfa i'r llwybr, sy'n arwain trwy Dir Cethin. Cerddwch yn syth trwy'r buarth a pharhewch i lawr y llwybr serth i Gwm Cedi (mae pont i groesi'r nant ar y gwaेलod). Mae'r llwybr yn dringo i fyny ochr arall y dyffryn (gall fod yn anodd gweld y llwybr fan hyn, ond anelwch yn weddol uniongyrchol am y brig a gwelwch y llinell).

Gan groesi'r grib lydan sy'n arwain i Fferm Pant Glas, fe welwch olygfeydd eithriadol ac anarferol i lawr Cwm Cedi i Benclawdd. Gan ddisgyn i Bant Glas, byddwch yn dod o hyd i'r llwybr ar hyd y gwrych i ddwyrain y rhodfa sy'n arwain i'r heol. Wrth yr heol, parhewch ar y dde ac ar ôl rhyw 200 metr, trowch i'r chwith i lawr y lôn heibio i'r hen adeiladau fferm. Byddwch wedyn yn disgyn i Gwm Morlais trwy goetir a rhostir hyfryd. Mae'r llwybr yn ymuno â thrywydd arwynebog hyd at Gwm Nant Uchaf; edrychwch am y llwybr sy'n arwain i'r chwith gerllaw – Mae'n troelli'n braf ar draws tir comin a thryw'r coed am oddeutu 300 metr cyn gwyrto i'r dde ar draws nant Morlais.

Mae nawr yn arwain yn uniongyrchol ar draws tir comin agored i Fynydd Bach y cocs ac yn cwrdd â Heol Cilonnen ar bwys grid gwartheg. Dilynwch yr heol i'r dwyrain tua'r Crwys am 400 metr. Lle mae'n troi'n sydyn i'r chwith, edrychwch am lwybr sy'n arwain ar draws caeau i Fferm Tir Mynydd, lle mae'n cwrdd â'r heol darmac unwaith eto. Croeswch yr heol a dilynwch Heol y Capel yn ôl i'r ysgol lle dechreuoch chi.



Key to additional symbols

Allwedd i symbolau ychwanegol

Blue route Llwybr glas

Red route Llwybr coch

Orange route Llwybr oren

Other public rights of way
Hawliau tramwy cyhoeddus eraill

Start point and direction of travel
Man cychwyn a chyfeiriad y daith

Car park Maes parcio

Public house Tŷ tafarn

Toilets Toileddau

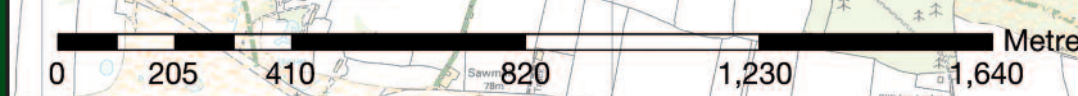
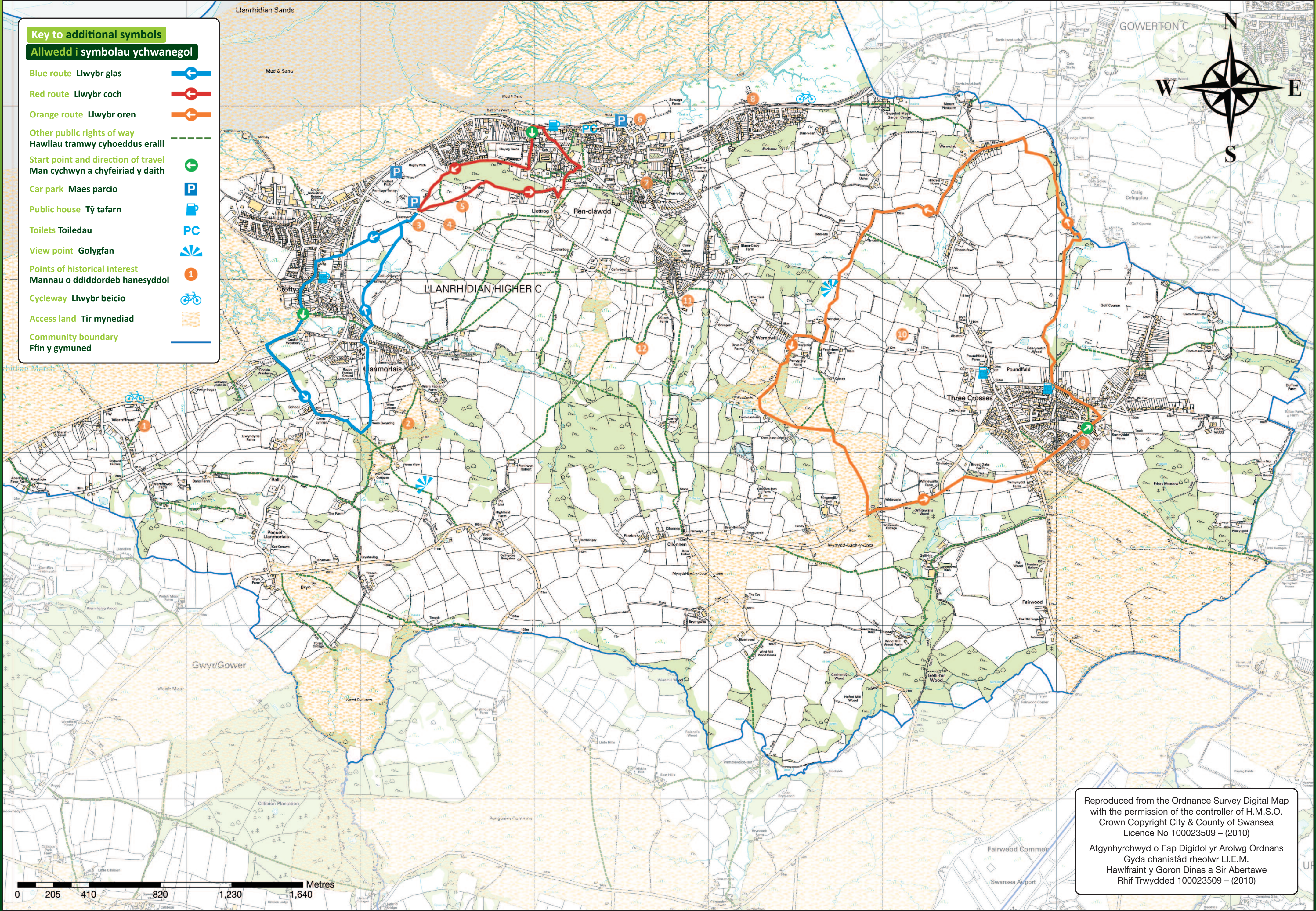
View point Golygfan

Points of historical interest
Mannau o ddiddordeb hanesyddol

Cycleway Llwybr beicio

Access land Tir mynediad

Community boundary
Ffin y gymuned



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