

Archwiliwch Goetiroedd Hynafol Gŵyr



Explore Gower's Ancient Woodlands



Discover the magic of ancient woodlands in this series of six walks around the Gower area. Rich in wildlife, beauty and atmosphere, ancient woodlands are one of our most precious habitats. Over centuries of continuous woodland cover they have developed complex communities of trees, plants, fungi, and microorganisms, which support a whole host of animal species. They can also be rich in archaeological remains - clues to their historic importance to people as a source of timber, fuel and food.

Although always fascinating, ancient woodlands are perhaps at their finest in spring when the flowers of the woodland floor are at their peak.

Dewch i ddarganfod cyfaredd coetiroedd hynafol yn y gyfres hon o chwe thaird gerdded o gwmpas ardal Gŵyr.

Gyda chyfoeth o fywyd gwyllt, harddwch ac awrygylch, mae coetiroedd hynafol yn un o'n cynefinoedd mwyaf gwerthfawr.

Dros ganrifoedd o orchudd coedwigol di-dor, maent wedi datblygu cymunedau cymhleth o goed, planhigion, ffyngau a micro-organebau sy'n cynnal llw o rywogaethau anifeiliaid.

Gallant hefyd gynnwys cyfoeth o olion archaeolegol - clwiau ynglŷn â'u pwysigrwydd hanesyddol i bobl fel ffynhonnell pren, tanwydd a bwyd.

Er eu bod bob amser yn ddiddorol, mae'n debyg bod coetiroedd hynafol ar eu gorau yn y gwanwyn pan fo blodau llawr y coetir yn eu hanterth.



- 1 Cwm Ivy Woods** - an ancient ash wood clinging to limestone slopes by the shores of Gower's wild north coast
- 2 Nicholaston Woods** - a peaceful woodland haven overlooking South Gower's Oxwich Bay and National Nature Reserve
- 3 Bishopston Valley** - mysterious caves and underground streams shrouded in a sheltered wooded valley
- 4 Bishop's Wood** - a short walk with a fine sea view through coastal woods with huge specimens of oak, ash and beech
- 5 Penllergare Valley Woods** - ancient valley floor woodlands mingle with Victorian landscaping and recent plantations to create a fascinating woodland mosaic
- 6 Cwm Clydach** - a remote and secluded wooded river valley on the fringes of Swansea's northern uplands

- 1 Coed Cwm Iorwg** - coed ynn hynafol sy'n glynu wrth lethrau calchfaen ar lannau arfordir gogleddol gwyllt Gŵyr
- 2 Coed Nicholaston** - hafan goetir heddychlon â golygfa dros Fae a Gwarchodfa Natur Genedlaethol Oxwich yn ne Gŵyr
- 3 Dyffryn Llandeilo Ferwallt** - ogofeydd dirgel a nentydd tanddaeol ynghudd mewn dyffryn coediog cysgoddol
- 4 Coed yr Esgob** - taith gerdded fer â golygfa wych o'r môr trwy goed arfordirol gydag enghreifftiau enfawr o dderw, ynn a bedw
- 5 Coed Cwm Penllergare** - mae coetiroedd hynafol ar lawr y cwm yn cymysgu â thirlunio oes Victoria a phlannu diweddar i greu mosäig coedwigol rhyfeddol
- 6 Cwm Clydach** - dyffryn afon coediog anghysbell a diarffordd ar gyrion ucheldir gogleddol Abertawe

Key / Allwedd

- Public Footpath / Llywbr Cyhoeddus
- Public Bridleway / Llywbr Ceffylau
- Access Land / Tŷr Mynediad
- Start Point / Man Cychwyn
- Ancient Woodland Walk / Taird Gerdded Coetir
- Hynafol
- Parking / Parcio
- Viewpoint / Golygfan

Er eich diogelwch

For more information on a particular walk, see the Links and Contacts.

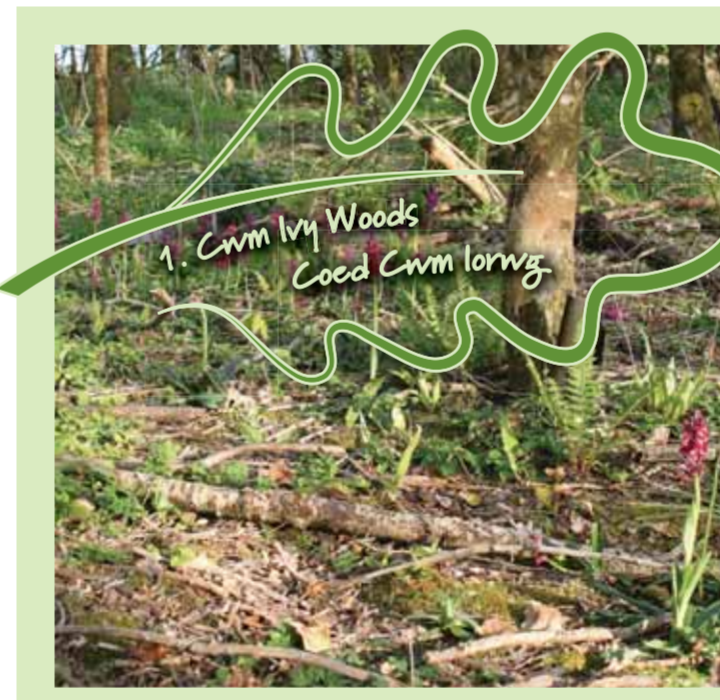
NB - not all routes are waymarked but all are on Public Rights of Way or Permissive Paths. Ensure that you are competent to navigate around the walks. Wear appropriate footwear and clothing. Consult the weather forecast and be especially careful about entering woods in high winds.

Dedicated car park / Maes parcio ddyrnodedig
PUBLIC TRANSPORT / CLUDIANT CYHOEDDUS
 Bus stop by the New Inn on Lone Road about 100m from the car park entrance.
 Maes parcio'r RSPB oddi ar Heol Craig-cefn-parc ger yr afon

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START / DECHRAU (GR/CG - SN 683 026)
 RSPB car park off Craigeinparc road by river sections by the river are on level surfaced paths. Initial boardwalk and stony muddy paths. Mostly level, some steep sections with steps, 100m or more to the car park.

Trail Information / Gwybodaeth am y Llwybr



This lovely walk takes in the Wildlife Trust Reserve of Cwm Ivy Woods with fine views over the neighbouring Burry Inlet

The wood itself is a fine example of ancient ash woodland with some superb old trees. Oak, sycamore and planted beech are also present with a shrub layer of hazel, and wild clematis climbing and scrambling through the canopy.

The ground flora contains abundant bluebell, dog's mercury, wood avens and early purple orchid. Fallen timber and limestone outcrops support a thriving community of ferns, mosses and liverworts.

The walk skirts the seaward edge of the wood, passing the National Trust's bird hide, before ascending through the woods and returning over pastures to the village where a short stretch on the road brings you back to the start point.

Trail Information / Gwybodaeth am y Llwybr

START / DECHRAU (GR/CG - SS 439 934)
 From outside St Madocs's Church, Llanmadoc O'r tu allan i Eglwys Madog Sant, Llanmadog

PARKING / PARCIO
 On street or in Cwm Ivy car park approx 100m north of start point
 Ar y stryd neu ym maes parcio Cwm Iorwg tua 100m i'r gogledd o'r man dechrau

PUBLIC TRANSPORT / CLUDIANT CYHOEDDUS
 Bus stop in village approx 200m from start
 Safle bws yn y pentref tua 200m o'r man dechrau

Steps, stiles, gates and some steep sections. Parts of route can be muddy in wet conditions.
Grisiau, camfeydd, gatau a rhai rhannau serth. Gall rhannau o'r llwybr fod yn fwaldd ar ôl tywydd gwlyb.

Maer llethrau coediog yn gartref i goed derw ac ynn aedded gyda digonedd o goed cylil. Mae'r pŵysyddio - system o dom coed i lefel y ddaear i sbarduno aildyfrant - yn cael ei dehynddio mewn manau i agor y canopi a galluogi goetir i gyrraedd llawr y coetir. Mae planhigion nodweddiadol coetiroedd hynafol yn cynnwys cychau'r gog, bodau'r gwnt, brallu, ac egllyn cyferbynddal. Mae Cwm Clydach, a oedd unwaith yn ardal lorfal a wood warbler. Dipper and grey wagtail nest RSPB reserve of note for breeding pied flycatcher and opposite-leaved golden saxifrage.

Once a busy mining area, Cwm Clydach is now an ash with abundant hazel. Coppicing - cutting trees to ground level which promotes regrowth - is being used in places to open up the canopy and allow light to the woodland floor. Typical ancient woodland plants include bluebell, wood anemone, primrose, and opposite-leaved golden saxifrage.

The wooded slopes harbour mature trees of oak and ash with abundant hazel. Coppicing - cutting trees to ground level which promotes regrowth - is being used in places to open up the canopy and allow light to the woodland floor. Typical ancient woodland plants include bluebell, wood anemone, primrose, and opposite-leaved golden saxifrage.

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The path follows the river initially then climbs away up hill to loop around an area of marshy grassland and younger woodland of birch and hazel. Scan the skies here for raven, buzzard, red kite or sparrowhawk. After completing the loop retrace your steps to the start.

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- Links and Contacts / Dolenni a Chysylltadau
- 1 Wildlife Trust of South and West Wales / Ymddiriedolaeth Natur De a Gorllewin Cymru
 www.welshwildlife.org
 01656 724100
 - 2 Natural Resources Wales / Cyfoeth Naturiol Cymru
 www.naturalresources.wales/out-and-about-places-to-go/south-west-wales/oxwich-national-nature-reserve/?lang=en
 0300 065 3000
 - 3 National Trust / Ymddiriedolaeth Genedlaethol
 www.nationaltrust.org.uk/pennard-pwll-du-and-bishopston-valley
 01792 390636
 - 4 City and County of Swansea Nature Conservation Team / Tîm Cadwraeth Natur Dinas a Sir Abertawe
 www.swansea.gov.uk/diisopwood
 01792 685749
 - 5 Penllergare Trust / Ymddiriedolaeth Penllergare
 www.penllergare.org
 01792 344224
 - 6 Royal Society for the Protection of Birds / Cymdeithas Ffynhau'r Gwarchod Adar
 http://www.rspb.org.uk
 discoverandenjoy/nature/seenature/reserves/guide/cwmclydach/index.aspx
 02920 353000
- Leaflet created by Swansea Council's Nature Conservation Team as part of the Archives and Records Council Wales project 'Cynefin', funded by the Heritage Lottery Fund with support from Welsh Government.
- Llinwyd y dafien hon gan Dim Cadwraeth Natur Cynogor Abertawe fel rhan o broiect Cynogor Archifau a Chonion Cymru, 'Cynefin', a ariennir gan Gronfa Dreiddaeth y Loteri Gyda Chymorth Llywodraeth Cymru.

