

WALKING BY BUS



Llanmadoc



'Walking by Bus' is a City and County of Swansea initiative to encourage sustainable tourism and healthier lifestyles by promoting short walks linked to bus routes.

Bus Information

Mon-Sat (every 2 hours) Gower Explorer No's. 115 and 116 to Llanmadoc from Swansea Bus Station.

Sun (2 journeys): Gower Explorer No. 119 to Llanmadoc from Swansea Bus Station (some journeys may involve a change). Please check before travelling

Traveline Cymru ☎ 0870 608 2 608
www.traveline-cymru.org.uk

Walk Highlights

- Whiteford Burrows National Nature Reserve - a mosaic of important habitats that supports many rare plants.
- Llanmadoc Church - reputedly on site of an earlier building, the current church dates from the 13th century (key available from shop).
- Views over the Loughor Estuary.

Useful Contacts

Swansea Tourist Information Centre
☎ 01792 468321 ✉ tourism@swansea.gov.uk
visitswanseabay.com
www.swansea.gov.uk/aonb

Start & Finish: Bus stop in Llanmadoc.
Distance/time: About 2 1/4 miles, 1-2 hours.
Terrain: Surface varies from hard and smooth, to soft and uneven. There are 2 kissing gates and a steep road but no stiles.
Be prepared: Wear appropriate clothing and footwear for the conditions and season.
Refreshments: Pub and community shop in Llanmadoc.
Public Toilets: None.

- Start the walk where the bus stops at the end of its route in Llanmadoc. Head west, passing the Old Rectory towards the church. Just before the church, take the road on the right downhill towards Cwm Ivy.
- When you reach Cwm Ivy, bear left towards Cwm Ivy Cottage and go through the National Trust gate.
- Carry on downhill along the track, which eventually levels out, until you come to a T-junction.
- Turn right through the gate, into Whiteford Woods. Walk down the track along the edge of the wood, past Burrows Cottage for about 1/2 mile to the next gate.
- A few yards past the gate turn off the track and go through a kissing gate, and along the causeway footpath.

- Follow the footpath along the top of the causeway until you reach a second kissing gate. Go through this gate and follow the track (passing more gates on the way) until you arrive at a narrow road, which climbs back up to the village of Llanmadoc.
- Turn left past Glenside Cottage and follow this road for a few yards, then turn right on to the main road through the village and back to the bus stop.



Information correct at time of going to print - January 2014. Other leaflets in this series are available from Swansea Tourist Information Centre, Plymouth Street, Swansea SA1 3QG.



City and County of Swansea
Dinas a Sir Abertawe

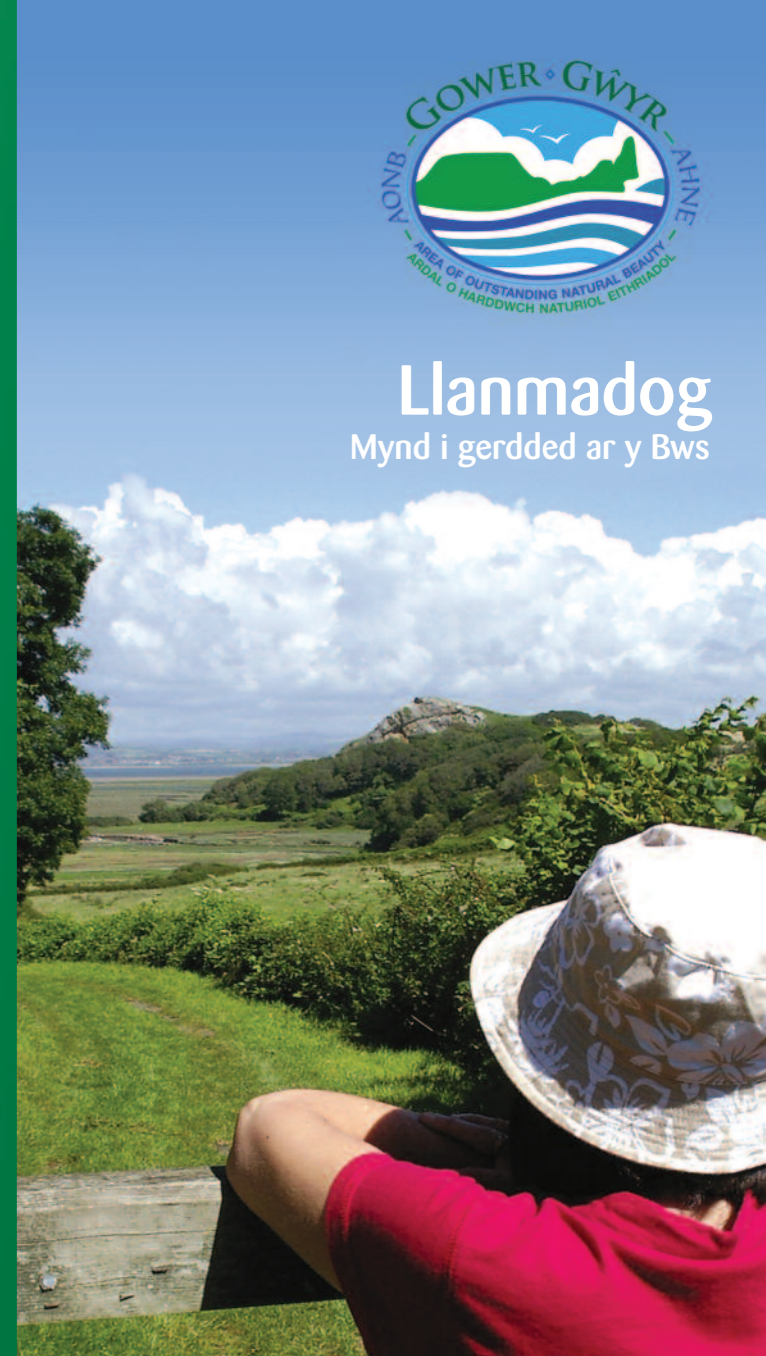


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Llanmadog

Mynd i gerdded ar y Bws



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MYND I GERDDED AR Y BWS



Llanmadog



'Mynd i Gerdded ar y Bws' yw un o fentrau Dinas a Sir Abertawe i annog twristiaeth gynaliadwy a ffyrdd iach o fyw drwy hyrwyddo teithiau cerdded byr sydd wedi'u cysylltu â theithiau bws.

Gwybodaeth am Fysus

Dydd Llun-dydd Sadwrn (bob 2 awr)
Gower Explorer Rhifau 118 a 116 i Lanmadog o Orsaf Fysus Abertawe.

Dydd Sul (2 daith): Gower Explorer Rhifau 119 i Lanmadog o Orsaf Fysus Abertawe. (gall rhai teithiau olygu newid). Gwiriwch cyn teithio.

Llinell Deithio Cymru ☎ 0870 608 2 608
www.traveline-cymru.org.uk

Uchafbwyntiau'r Daith Gerdded

- Gwarchodfa Natur Genedlaethol Twyni Whiteford - mosaig o gynefinoedd pwysig sy'n cynnal llawer o blanhigion prin.
- Eglwys Llanmadog - yn ôl yr hanes ar safle adeilad cynharach o lawer. Mae adeilad heddiw yn dyddio o'r 13eg ganrif (allwedd ar gael o'r siop).
- Golygfeydd dros foryd Llchwyr.

Cysylltiadau Defnyddiol

Canolfan Croeso Abertawe
☎ 01792 468321 ✉ tourism@swansea.gov.uk
www.dewchifaeabertawe.com
www.abertawe.gov.uk/aonb

Dechrau a Gorffen: Safle bws yn Llanmadog.

Pellter/amser: Tua 2 1/4 filltir, 1-2 awr.

Tir: Yr wyneb yn amrywio o dir caled a llyfn, i dir meddal ac anwastad. Mae grisiau ond dim camfeydd.

Byddwch yn barod: Gwisgwch ddillad ac esgidiau addas ar gyfer yr amodau a'r tymhorau.

Lluniaeth: Tafarn a siop gymunedol yn Llanmadog.

Toiledau Cyhoeddus: Dim.

- Dechreuwch y daith lle bydd y bws yn aros ar ben ei daith yn Llanmadog. Ewch i gyfeiriad y gorllewin, heibio'r Hen Reithordy i gyfeiriad yr eglwys. Yn union cyn yr eglwys, ewch ar y ffordd ar y dde i lawr i gyfeiriad Cwm Ivy.
- Wrth gyrraedd Cwm Ivy, ewch i'r chwith tuag at Fwthyn Cwm Ivy a thrwy gât yr Ymddiriedolaeth Genedlaethol.
- Ewch yn eich blaen am i lawr ar hyd y trac, sy'n gwastatáu wedyn, nes i chi ddod i gyffordd T.
- Trowch i'r dde drwy'r gât, i Goedwig Whiteford. Cerddwch i lawr y trac ar hyd ymyl y goedwig, heibio i Burrows Cottage am oddeutu 1/2 milltir i'r gât nesaf.
- Ychydig o lathenni heibio i'r gât, trowch oddi ar y trac a mynd drwy'r gât fochyn, ac ar hyd llwybr y sarn.

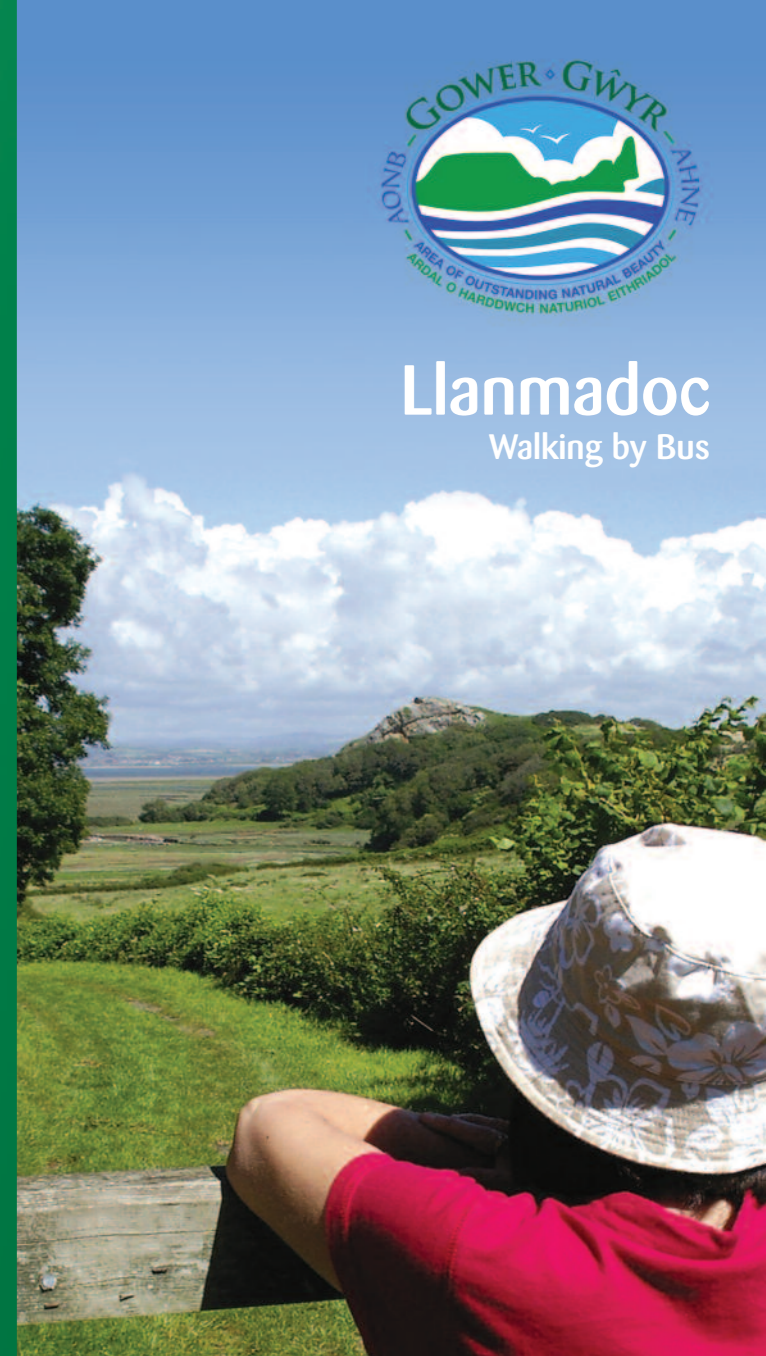
- Dilynwch y llwybr ar hyd pen y sarn nes i chi gyrraedd yr ail gât fochyn. Ewch drwy'r gât hon a dilyn y trac (gan fynd heibio mwy o gatiâu ar y ffordd) nes cyrraedd ffordd gul, sy'n dringo yn ôl i bentref Llanmadog.
- Trowch i'r chwith heibio i Glenside Cottage a dilyn y ffordd am ychydig lathenni, cyn troi i'r dde ar y brif ffordd drwy'r pentref ac yn ôl i'r safle bws.



Mae'r wybodaeth yn gywir ar adeg argraffu - Ionawr 2014. Mae taflenni eraill yn y gyfres hon ar gael gan Ganolfan Croeso Abertawe, www.abertawe.gov.uk/aonb Stryd Plymouth, Abertawe SA1 3QG.



City and County of Swansea
Dinas a Sir Abertawe



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Yn cynnwys data'r Arolwg Ordnans
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