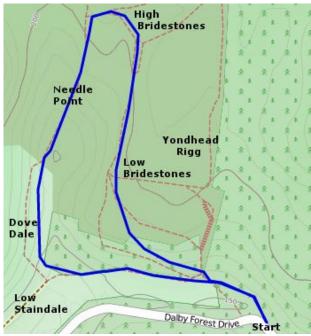


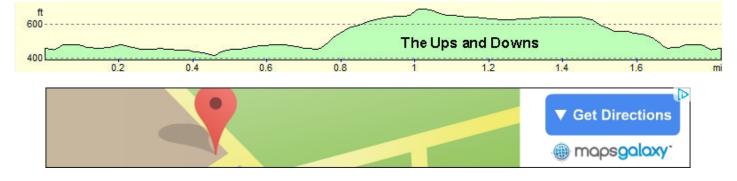
Bridestones and Dove Dale from Dalby Forest

Statistics:

Start:	Stain Dale Car Park
Start (OS ref):	SE878904
Parking:	Forestry Commission car park
Map (1:25,000):	Explorer OL27 - North York Moors, Eastern Area
Distance:	1.9 miles (3.0 km)
Time :	1 hour
Difficulty:	Easy
Climbing:	122 metres
Hazards:	None
Refreshments:	Dalby Forest visitor centre
Route Maps:	Memory Map (.mmo file) GPS (.gpx file)



Summary: A delighful short walk in the North York Moors National Park to the fabulous naturally sculptured sandstone Bridestones.



The Walk:





The path from Stain Dale to Dove Dale

Knarled trees in Stain Dale

I had wanted to visit the North Yorkshire Bridestones for some while having visited their West Yorkshire namesakes near Todmorden some years ago. Fortunately I had been invited to speak at a National Trust seminar in Dalby Forest and a visit to the Bridestones was part of the agenda. These famous Bridestones are on Staindale Moor and are naturally formed sandstone rock formations that have been eroded over thousands of years, first created by glacier movement during the Ice Age. They are a remarkable collection of shapes and sizes and like their similar types at Brimham Rocks they have tremendous appeal.



The first Bridestone comes into view

More Bridestones

Despite being mid October it was a lovely day and after the discussion and presentations of the National Trust seminar in the morning the afternoon started with a walk. There were a few choices of short walks in Dalby Forest but there was only one choice for me, this one and I took it with a sense of anticipation. We, I and a group of National Trust staff set off from the Forestry Commission car park in Stain Dale and walked up a woodland path with a gentle gradient to Bridestones Griff and Needle Point where the first group of Bridestones stand in line on the same elevation. The beautiful sunshine coming from a low sun bathed the white Bridestones and afforded them characteristic shdows to exemplify their shape. It was wonderful.



Sentinels in a row look down on Dove Dale

Dove Dale from the Bridestones ridge

A National Trust guide talked of the Bridestones and the surrounding area but I missed most of what he said for my attention was taken by the view. Despite the heather bloom now gone and the ferns and grasses a bracken brown the blue sky, still green trees and shining white sandstone sculptured Bridestones filled my head. It was an awesome time amidst the Bridestones and a WOW time indeed. On walking further along the line of Bridestones I was drawn to a particular one.



The Pepperpot Bridestone

On the way back through the woods

The Pepperpot was the King among Kings, the jewel in the Crown as its bulky torso and huge head stood on a narrower base. As with all the stones the crown of the Pepperpot was slightly darker than the white stone beneath and this I imagine is what has protected the remaining bridestones from the fate of the complete sandstone ridge which will have been here millions of years ago. I stood in silence at the Pepperpot for some time while the rest of the group talked at some Bridestones further back. The walk, short as it was and including a walk into Dove Dale is ideal for families and older ramblers too. Apart from the moderate gradient throught the woods at the start, which can be taken slowly, this walk has much to offer and one simple must visit the majestic Bridestones. Especially on a day when the sun shines.

More North Yorkshire Walks

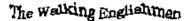
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standards.





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Codes.