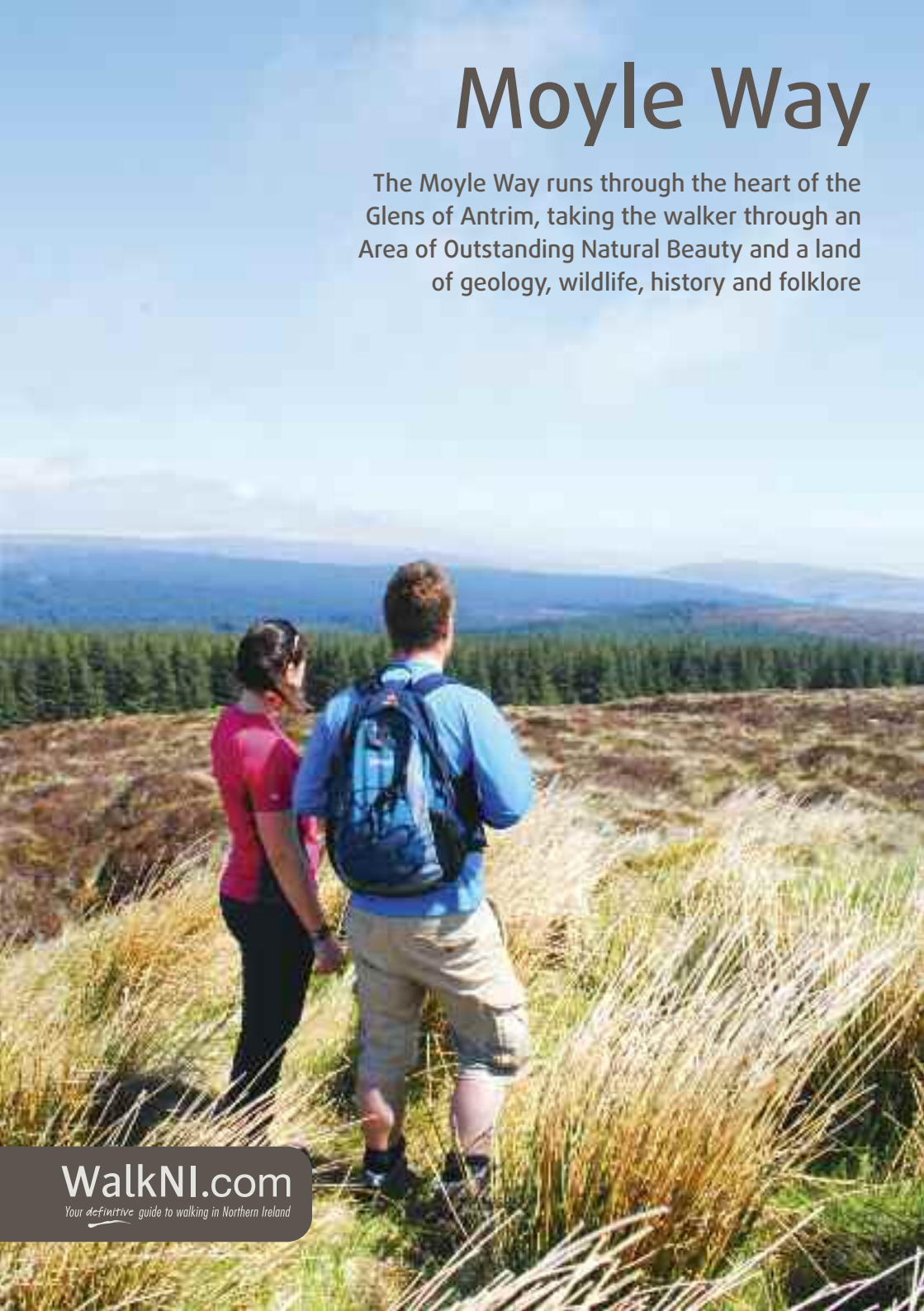


Moyle Way

The Moyle Way runs through the heart of the Glens of Antrim, taking the walker through an Area of Outstanding Natural Beauty and a land of geology, wildlife, history and folklore



WalkNI.com

Your definitive guide to walking in Northern Ireland



Welcome to the Moyle Way

The Moyle Way is a challenging, 42km two-day walk that explores the northern-most Glens of Antrim. Following a mixture of forest tracks and remote upland moor, the route includes a visit to the slopes of Trostan, Antrim's highest summit at 550m. The mountain sections can be wet and rough underfoot, and full navigation skills are required in bad weather.



Glenshesk

Contents

- 04 - Section 1**
Ballycastle to Breen Bridge
- 06 - Section 2**
Breen Bridge to Orra Beg
- 08 - Section 3**
Orra Beg to Glendun Road
- 10 - Section 4**
Glendun Road to Glen Ballyeamon
- 12 - Section 5**
Glenballyeamon to Glengariff
- 14 - Section 6**
Glengariff to Waterfoot
- 16 - Accommodation/Dining**
- 18 - Other useful information**

Key to Map

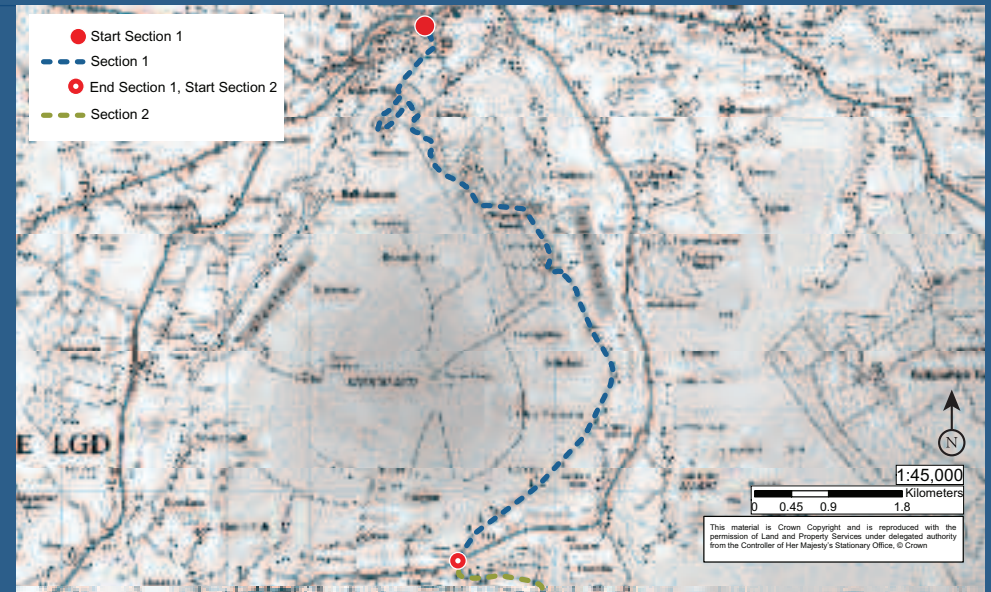
- - - - - SECTION 1 - BALLYCASTLE TO BREEN BRIDGE (9.8km)
- - - - - SECTION 2 - BREEN BRIDGE TO ORRA BEG (10.2km)
- - - - - SECTION 3 - ORRA BEG TO GLENDUN ROAD (6.6km)
- - - - - SECTION 4 - GLENDUN ROAD TO Glenballyeamon (5.1km)
- - - - - SECTION 5 - GLENBALLYEMON TO GLENARIFF (4.6km)
- - - - - SECTION 6 - GLENARIFF TO WATERFOOT (5.9km)



Slieveanorra



The Diamond, Ballycastle



Section 1 - 9.8km

The route begins by climbing through a forest on the eastern slopes of Knocklayd Mountain.

From The Diamond, start by following a sign that directs the Moyle Way south along Fairhill Street. This road ends after 300m and several tracks continue ahead into Ballycastle Forest. Turn right at the junction and follow a track under an old stone bridge. You are now passing along the line of the old Ballycastle Railway.

Continue along flat ground for 600m, then turn left and pass over a stile into the forest. Here you begin to climb gently, following a track between birch trees. Soon the track swings sharp left and the angle of ascent increases. Climb to a junction and turn right, with the surrounding trees now dominated by tall, dark pine.

As you near the brow of a hill, the gravel turns to tarmac underfoot. You are now about 210m above sea level, on the eastern slope of Knocklayd. Descend slightly, then turn left at the next junction. Roughly 600m later, turn right onto a narrower track that squeezes through the densely planted trunks. A final left turn at a T-junction brings you to the forest exit.

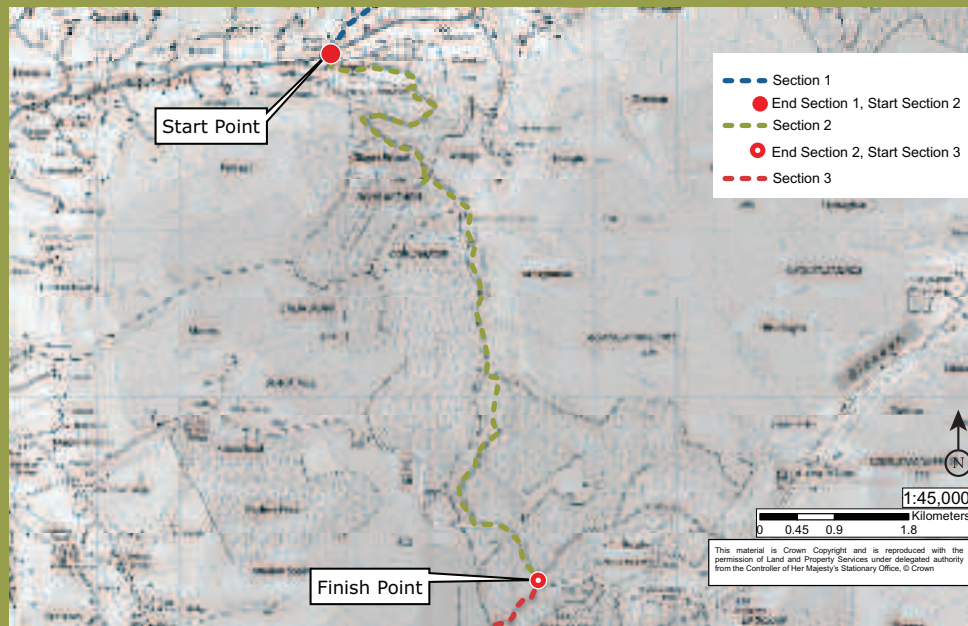
Now join a lane and turn right, heading in the direction signed to Armoy. Follow the road as it undulates around Knocklayd's southeastern slopes, with good views east over Glenshesk. As you progress the trees of Breen Wood also come into sight across the valley - this is your next destination. Descend steadily to a junction with the B15 road at Breen Bridge, which marks the end of the section.



Stone Bridge, Ballycastle Forest

Did You Know?

Ballycastle Railway was a narrow gauge line that linked Ballycastle to the town of Ballymoney. It opened in October 1880, and most services took around an hour to complete the 17 mile journey. Even in the heyday of rail transport it was never a very profitable line, and it closed for good in 1950.



Section 2 - 10.2km

Climb a forested hillside to reach remote mountain surrounds.



Upland sheep

At Breen Bridge, cross straight over the B15 and continue along a rough road to the metal gate that marks the entrance to Breen Wood. The lower part of this forest contains a rare fragment of native oak woodland. Follow the track straight ahead as it begins to climb the slopes of Bohilbrega. Many of the trees have been cleared here, allowing good views back across Glenshesk.

Climb steadily through several junctions, all of which are signed. Pass over the top of the hill, and when the track starts to descend, look out for a waymarker on the left. This directs you along a firebreak to the edge of the plantation. Turn right here and descend along a strip of grass just inside the boundary fence. You'll need to duck under the boughs themselves to reach the bottom of the slope.

Now climb a stile out of the forest and cross a footbridge over the Glenshesk River. Turn right onto a beautiful section that follows an earthen track upstream alongside the river.

Follow the track almost to its end, then veer right and cross a slatted concrete bridge. Now climb over rough ground at the side of Altahullin Gorge. Head left beside a forestry plantation for 200m, then turn right and pass along a firebreak to reach the firmer surface of a forest track. The track leads through the trees for 2km, then brings you to a road. Turn left and follow the road for 1km to reach the Orra Beg parking area.



Slieveanorra Forest

Did You Know?

Massive deciduous forests once covered most of Ireland, but true native woodland is now confined to rare pockets. Breen Wood Nature Reserve harbours one such enclave of ancient oak wood. Locals believe this area may have been saved because it was considered fairy land, and inhabitants feared cutting the trees would engage the wrath of the fairies.

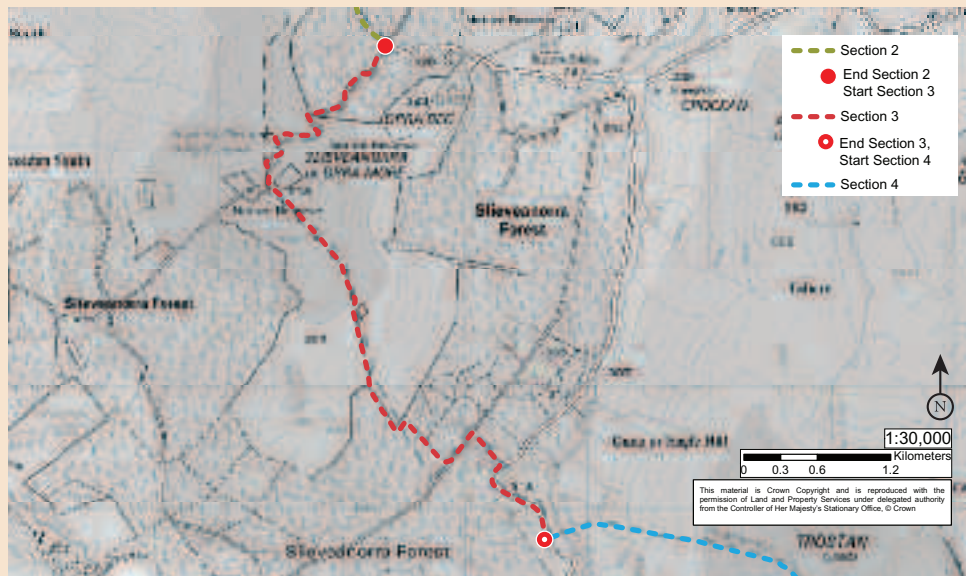


Breen Wood

View from Slieveanorra

Did You Know?

The north-eastern slope of Slieveanorra once played a prominent role in local history. During the Battle of Orra in 1559, the MacDonnell clan covered the ground with rushes to make it appear solid. Members of the rival McQuillan and O'Neill clans were tricked and floundered into chest-deep bog, only to be slaughtered as they tried to struggle free.



Section 3 - 6.6km The 508m-high summit of Slieveanorra is the highlight of this section.

At Orra Beg parking area, turn right onto a gravel track. The track climbs steadily through the trees for almost 1km, then exits the forest and you find yourself suddenly deposited on a high, open mountainside. The surrounding terrain looks rough and it's easy to be grateful for the firm surface of the track. As you climb, spare a thought for the doomed members of the McQuillan and O'Neill clans, who perished near here with no such firm surface to save them.

The track becomes steeper and twists through several switchbacks as you make the final ascent to the summit of Slieveanorra. From here there are wide-ranging views over the Antrim hills and the northeast coast, and on a clear day the outline of Scotland is visible on the horizon. Notable landscape features include the solitary cone of Knocklayd to the north, and Trostan to the southeast.

Follow the track between the two communication masts that adorn the summit. Around 100m beyond the second mast, look out for a waymarker directing you left onto open ground. Descend southwest along a faint footpath, crossing rough moorland that is wet and rather boggy in places.

As you pass a small copse of pine trees, a rough bog track consolidates underfoot. This carries you down to the forest boundary. Continue along a firebreak between the trees and cross a wooden footbridge to reach a gravel track. Turn left here and follow the track for 600m, then turn right. This brings you to the Glendun Road. Turn right and head along the road for almost a kilometre, where the ascent to Trostan begins.



Waymarker



Glendun Road



Trostan approach

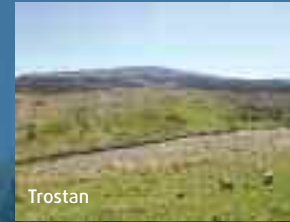
Section 4 - 5.1km

The route continues across more mountainous terrain on the slopes of Antrim's highest peak.

Turn left off the Glendun Road and descend across a footbridge over the Glendun River. The waymarkers now direct you east, directly up the rough slopes of Trostan. The path is sometimes faint underfoot, so follow the marker posts carefully. The climb begins gradually but becomes steeper as you near the top, with occasional wet patches to negotiate along the way. At the top of the slope you cross a fence some 500m southwest of the summit. The good news is that from here, it's downhill almost all the way to Waterfoot.

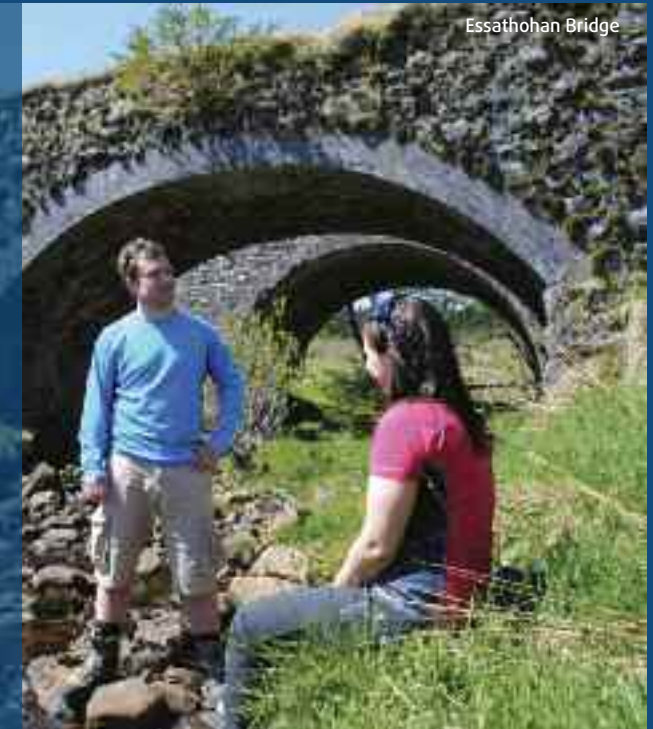
The route descends over rough tussock grass on Trostan's south-western shoulder, bringing you to the edge of a forestry plantation. This is the northernmost extremity of Glenariff Forest. Turn right here and follow a line of old fence posts along the top of the trees for 150m. Now turn left along a firebreak. The ground here is wet in places, with several fallen trees to avoid and streams to cross.

After about 800m, veer right to join a gravel forest track. Turn left onto the track and descend more easily through the trees to a T-junction. Turn left here and cross an old stone bridge over the Essathohan Burn. Immediately beyond the bridge, turn right and follow the bank of the river downhill, passing the beautiful Essathohan Waterfall on the way. This brings you to the B14 road in Glenballyemon, and the end of the section.

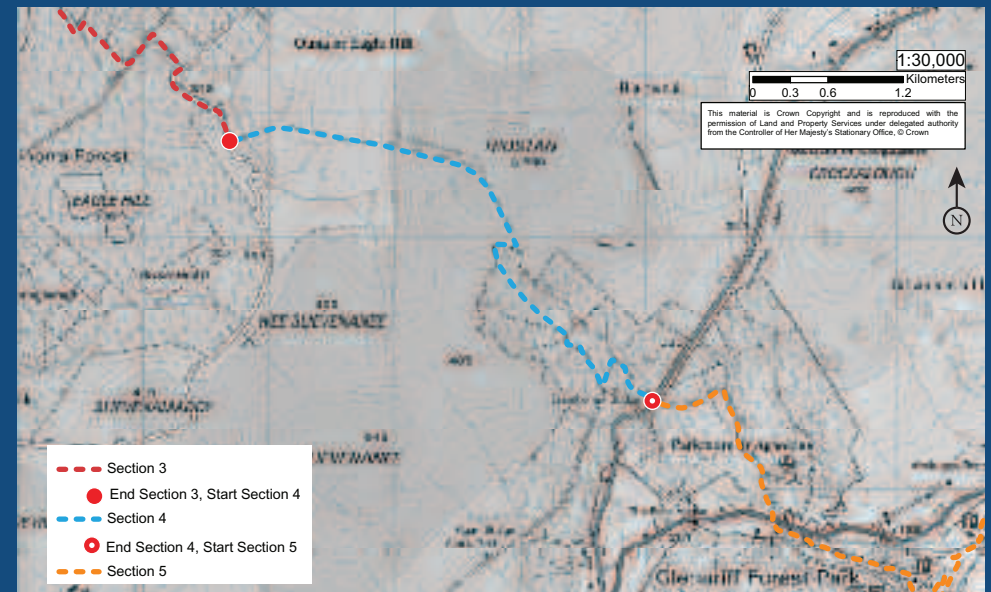


Did You Know?

Now consigned to relative isolation, Trostan was once part of a thriving mining industry. The mountain's volcanic past has left it rich in red laterite, a soil rich in iron ore. By the late 1800s iron was being mined at several sites around Trostan's slopes, and the mountain even had its own railway line to transport the minerals to port.



Essathohan Bridge





Glenariff Waterfall

Section 5 - 4.6km

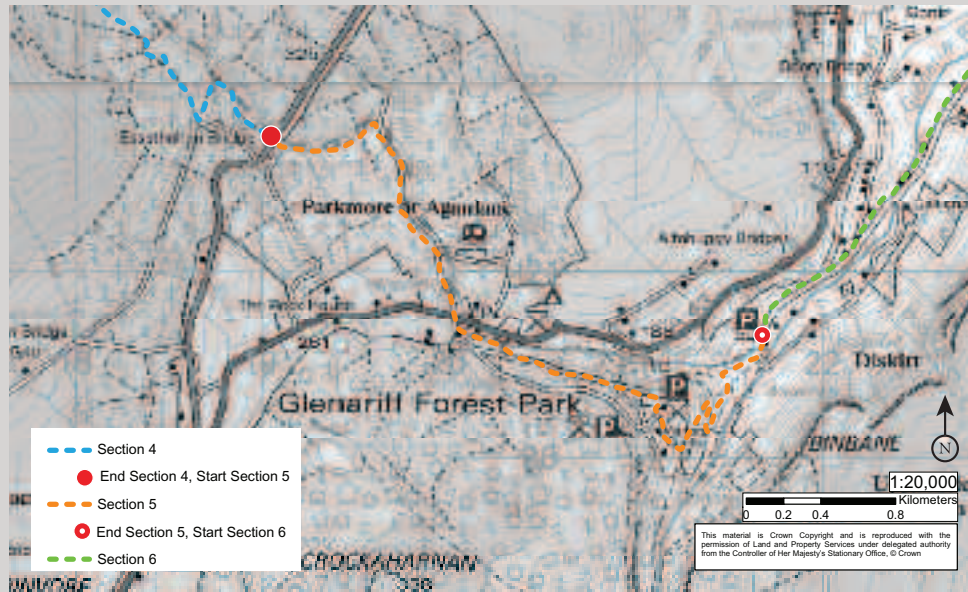
This forested section brings you past some of the biggest waterfalls in Glenariff Forest Park.

From the B14 road in Glenballyemon, continue straight across the tarmac and join the end of a track. After 600m you arrive at a track junction. Turn right here, now descending steadily. Keep right again at the next junction and soon you'll arrive at the A43 road, immediately opposite the entrance to Glenariff Forest Park.

Cross the road and follow the left-hand lane of the access driveway. Climb steadily for roughly 1km to arrive at a large car park. There are great views from here down the cliff-fringed valley of Glenariff, and across the Sea of Moyle to Scotland's Mull of Kintyre.

Now follow signs that direct you right, around the car park towards the visitor centre and café. Follow a path that descends past the front of the building to reach a track. Turn left here and begin to reverse the park trail marked by red walking arrows. This leads you on a zigzagging descent down the hillside, past more fine views over the glen and its sheer rock escarpments.

Near the bottom of the slope, look out for a left turn onto a smaller path. This brings you to a viewpoint beside the Inver River, beneath the impressive Ess-na-Crub Waterfall, which translates from the Gaelic as 'The Fall of the Hooves'. Continue across a footbridge over the Glenariff River and turn right onto a path on the opposite bank. Now pass around the Laragh Lodge restaurant to reach the end of the section.



Glenariff

Did You Know?

Irish mythology relates how Glenariff's waterfalls were created by the warrior Oisín. Oisín was being pursued up the glen by Vikings and tried to climb a cliff to safety. A rope suddenly appeared to help him, which he realised was the tail of a huge grey horse. The horse then transformed into a stream and ran over the cliff edge, plunging the Vikings to their deaths.



View from Waterfoot sandunes

Section 6 - 5.9km

Quiet rural lanes and a grassy riverside path now carry you gently to the end of the route.



Altgal Burn

At the Laragh Lodge restaurant, join the end of a road and follow the tarmac uphill. After 400m the road forks; keep right and join a road that runs along the base of Glenariff. Continue past a series of houses and farms, then look out for a small stone bridge after roughly 2.5km.

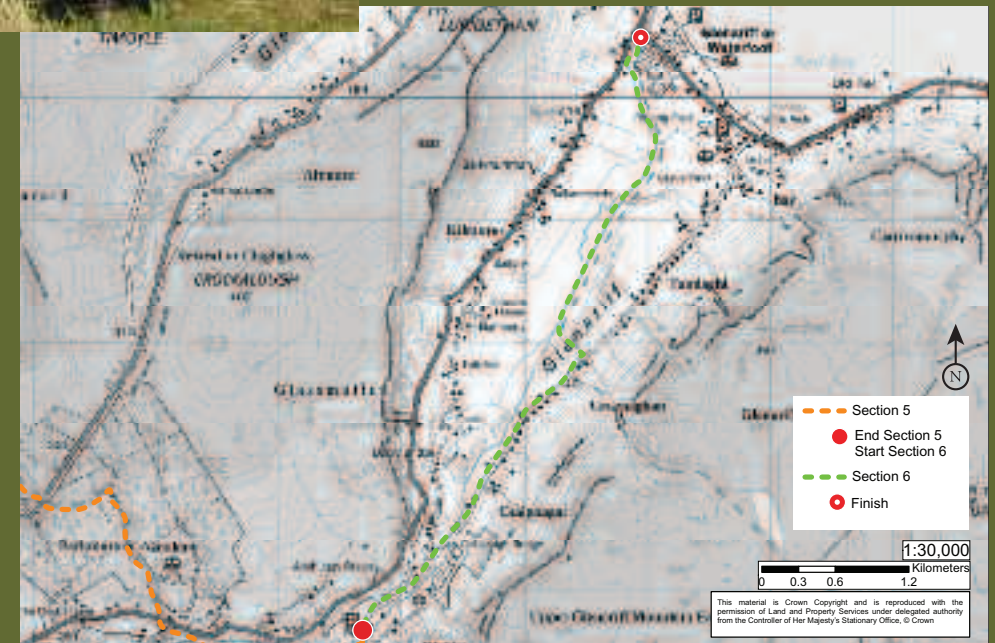
A sign indicates a left turn immediately after the bridge. Cross a stile and start to follow a farm track alongside a field. You'll need

to negotiate several more stiles before the track turns into a pleasant grassy path, and you find yourself on the bank of the Glenariff River. Sea trout often swim upstream here, and you might see local fishermen trying their luck along the bank.

The next 2km of the route is spent in quiet, sylvan surrounds between the flowing water and a line of trees. As you draw closer to Waterfoot, you begin to pass beside the houses on the outskirts of the village. The path eventually turns right and comes to an end on a small, suburban housing estate. Turn left here and follow the road for the final few metres to reach Waterfoot's main street, the official end of the route.

Did You Know?

The name Glenariff translates from the Gaelic as 'ploughman's glen', probably in reference to the fertility of its soil. It is the biggest of Antrim's nine glens, and often called the 'Queen of the Glens'. Like all its neighbouring valleys, it was shaped by giant glaciers during the last ice age.



Where to Eat

The Moyle region has a wealth of restaurants and cafes that serve high quality, home cooked and locally produced food. For a full list of where to eat on the Moyle Way please contact Ballycastle Tourist Information Centre (see page 19) or visit www.heartofthecausewaycoastandglens.com.

Walker Friendly Accommodation

You will find lots of accommodation options in the region, for a full list visit www.discovernorthernireland.com. However the following accommodation providers offer services and facilities specifically to meet the needs of walkers. These include:

- Location within 500m of the route
- Packed lunches available to take away in the morning – upon request
- Suitable overnight area for drying wet clothes/boots
- Late meal/early breakfast available - upon request
- Detailed walking information available
- One night bookings available
- Approved by the Northern Ireland Tourist Board

Accommodation	Location	Telephone	Email/Website
Lurig View	Glenariff	+44 (0)28 2177 1618	lurigviewa@btinternet.com www.lurigview.co.uk
Hillsea	Ballycastle	+44 (0)28 2076 2385	info@ballycastle-accommodation.com www.ballycastle-accommodation.com
Glenluce Lodge	Ballycastle	+44 (0)28 2076 2385	enquiries@glenluce.com www.ancaislean.com
Corratavey House	Ballycastle	+44 (0)28 2076 2845	clairewhite@btinternet.com www.corratavey.co.uk
Castle Hostle	Ballycastle	+44 (0)28 2076 2845	clairewhite@btinternet.com www.castlehostel.co.uk



- Castle Hostle (5 rooms, 1 ensuite)
- Hillsea B&B (3 x double ensuite rooms)
- Lurig View B&B (3 x double ensuite rooms)
- Glenluce lodge (3 Star guest house, 8 ensuite rooms)
- Corratavey House (5 ensuite rooms)

Other Information

Other useful maps – available from www.osni.gov.uk/mapstore

OSNI Discoverer Map Series 1:50 000 Sheets 5 and 9. OSNI 1:25,000 Activity Map, the Glens of Antrim. Walkers are always recommended to carry the relevant OSNI map.

Leave No Trace

In order to minimise your social and environmental impacts on the outdoors, please follow the principles of Leave No Trace. Leave No Trace is an outdoor ethics educational programme designed to promote and inspire responsible outdoor recreation through education, research and partnerships. For more information please visit www.leavenotraceireland.org.

Walking Providers

The Moyle Way is waymarked and should be straightforward to navigate. However, should you wish to explore the wider area including Rathlin and the Causeway Coast, contact one of the guides specialising in this area to guide you.

Name	Telephone	Email/Website
Walk Talk Ireland	+44 (0) 749159366	info@walktalkireland.com www.walktalkireland.com
Walking Tours NI	+44 (0) 7759767218	info@walkingtoursni.com www.walkingtoursni.com
Celtic Trekking	+44 (0)28 7082 9698	davewsouthall@hotmail.com
Rathlin Walking Tours	+44 (0) 7745566924	paul.quinn33@hotmail.co.uk www.rathlinwalkingtours.com

Walkni.com

For further information on the Moyle Way and all other walks across Northern Ireland, please visit www.walkni.com. Here you will find short, medium and long distance walks, as well as downloadable maps, suggested itineraries, and everything you need to know when planning a walking trip in Northern Ireland.

Other Information

Go Prepared

Weather conditions on the north coast and in the Glens of Antrim can be changeable – even during summer months. Waterproof and windproof clothing are essential and strong walking boots are advised.

Emergency

In the event of an emergency call the police on 999 or:
Police Service NI Ballycastle +44 (0)845 600 8000
Causeway Hospital A&E, Coleraine +44 (0)28 7032 7032

Other Activities & Places to See

The Moyle Way and Glens of Antrim are renowned for geology, wildlife, history and folklore. In addition to walking, a wide variety of activities and attractions are on offer – including cycling, horse riding, angling, water sports, golfing and arts and crafts. To find out more visit Ballycastle Visitor Information Centre (contact details below).

Ballycastle Visitor Information Centre

Portnagree House Harbour and Marina Visitor Centre,
14 Bayview Rd, Ballycastle,
County Antrim
+44 (0)28 2076 2024
tourism@moyle-council.org
www.heartofthecausewaycoastandglens.com

Public Transport

The Moyle Way and Glens of Antrim are accessible by public transport. Buses link Ballycastle, Cushendall, Waterfoot and Coleraine. The bus station for the local routes and buses from Belfast is located on Station road, just off the Diamond where the Moyle Way starts. The Antrim Coaster Bus Service (252) runs from start of April to end of September each year, linking Ballycastle with Waterfoot, the end of the Moyle Way.

Timetables are available from Bus Stations or Visitor Information Centres across Northern Ireland. For more information call (028) 9066 6630 or visit www.translink.co.uk. Over 60s travel free on presentation of a valid SmartPass.

Taxis:

Direct Taxis, Ballycastle+44 (0)79 7675 1617
Fast Cabs, Ballycastle+44 (0)28 2076 1000
McGinns, Ballycastle+44 (0)28 2076 8111
Cloughmills Taxi Service+44 (0)77 7544 0149
Brae Cabs, Martinstown+44 (0)77 7299 1282

Disclaimer

Every care has been taken to ensure accuracy in the compilation of this guide. The information provided is, to the best of the promoter's knowledge, correct at the time of going to print. The promoters cannot accept responsibility for any errors or omissions but if any are brought to their notice, future publications will be amended accordingly.

Land Access

Some popular walking routes in Northern Ireland are not formally designated public rights of way. Access is on a de-facto basis and depends on the goodwill and tolerance of local landowners. Walkers are advised to respect that they may be walking on private land and are encouraged to make themselves aware of and adhere to the principles of 'Leave No Trace' www.leaveonotraceireland.org.

Please note:- sections of the Trail may close from time to time to facilitate forestry and other essential operations.

For any questions on walking in Northern Ireland contact

Outdoor Recreation NI

The Stableyard, Malone Road, Barnett's Demesne, Belfast BT9 5PB

Tel: +44 (0)28 9030 3930

Email: info@walkni.com

This guide is available on request in alternative formats.

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